

Nurturing Strong and Resilient Family through **5x5 Policy**

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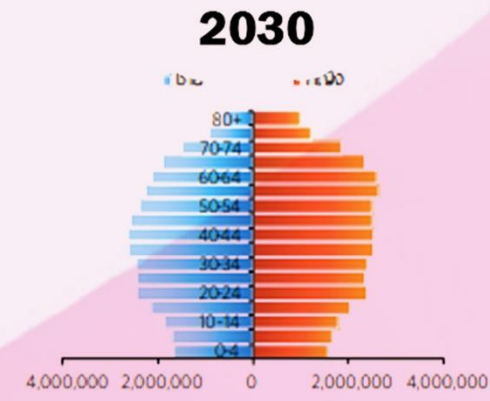
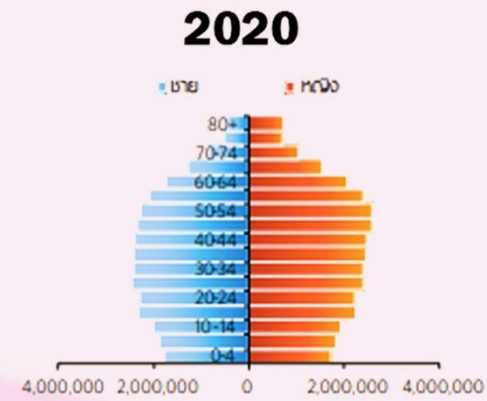
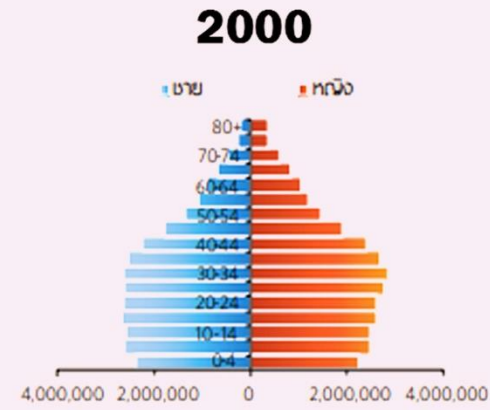
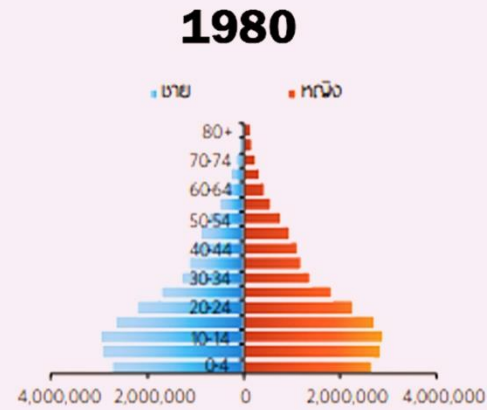
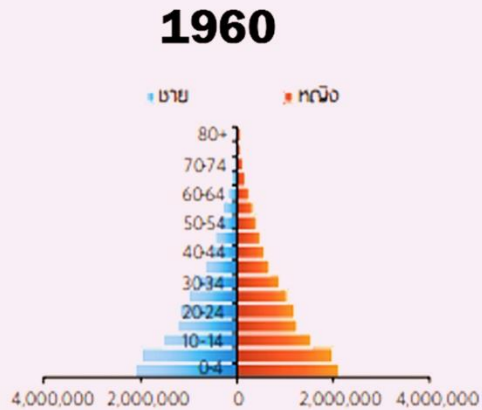
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Ministry of Social Development and Human Security

Thailand



Changing Age Structure of Thai Population

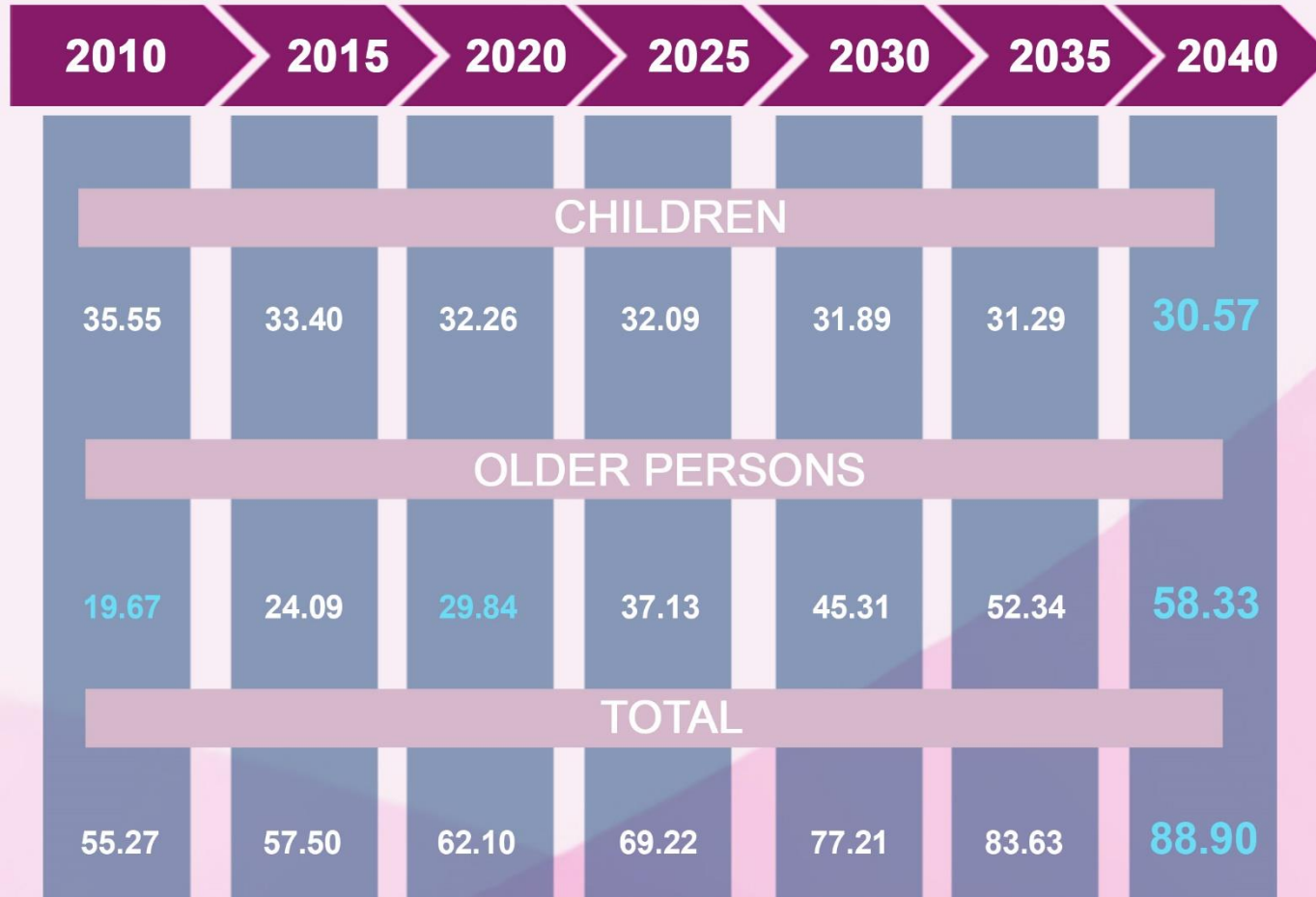


Male Female

- Out of 65.9 million people, more than 13 million, or **21%**, are aged 60 and above.
- Thailand has already become a **Complete-Aged Society**. And by 2036, Thailand is projected to become a "super-aged" society.
- These trends influence dynamics, dependency, caregiving roles, and intergenerational relationships in Thai Families.



Dependency Ratio



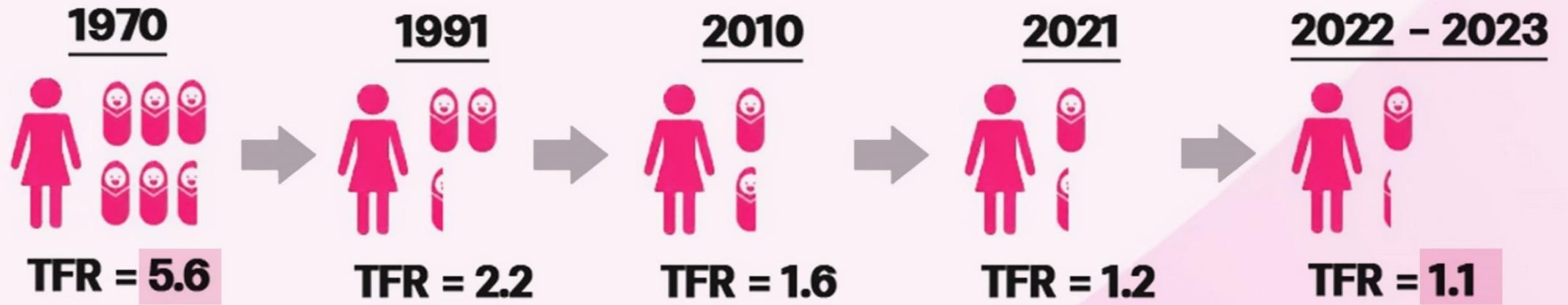
“Sandwich Generation”



Sandwich Households in Thailand

- In terms of definition, there are **3.4 million households** in Thailand which are extend households, consisting of three or more generations and can be consider as Sandwich Households.
- Most Sandwich Household members are **informal workers** and lack secure income for retirement
 - 47.2 %** in agriculture or general labor
 - 31.9 %** in the private sector
- Data from the National Economic and Social Development Council reveals that
 - **49.1%** of Sandwich households are financial vulnerability
 - the debt-to-income (per month) ratio in these households surpasses the national average, potentially hindering their long-term financial stability
- Most household heads have experienced **health problems**, including chronic diseases, non-communicable diseases, stress and mental health issues.

Thailand's Total Fertility Rate (TFR)



According to data from the National Statistical Office's, the structure of households without children has been increasing continuously.

In 2018, 37.4% of households in Thailand are classified as "**childless households**".

Impacts of climate change, pollution, disasters, pandemics and digital transformation on family development



5x5 Let's Turn the Tide

5 Pillars x 5 Measures



1 Empowering Working-Age Population



2 Improving the Quality and Productivity of Children and Youth



3 Empowering Older Persons



4 Empowering Persons with Disabilities



5 Creating Appropriate Ecosystem to Strengthen Family Ties



Ministry of Social Development and Human Security of Thailand has partnered with relevant stakeholders to develop the “5x5 Let's Turn the Tide” policy, which highlight the importance of intergenerational support in promoting a better ecosystem for families



A better ecosystem includes

- an inclusive welfare system
- safe and livable environment for all ages
- a strengthened household economy

Highlights of policies and initiatives supporting Thai families

- **Establishment of specialized and supportive service centers**
 - HuSEC: Human Security Emergency Management Center
 - Disaster Management Center for Vulnerable Groups
- **Promoting Community Family Development Centers**

empowering Working-Age Women through skill development and the promotion of employment and income opportunities; such as Caregiver Course, Professional Beauty Skill, Digital Marketing, Entrepreneurship
- **MSO – Logbook**

utilizing technology to provide specific support and resources to vulnerable households
- **“Family First” Programs:**

enhancing family relationships by promoting activities that strengthen bonds among family members of all ages such as

 - **Sunday Family Meals:** fostering relationships
 - **Family School:** marriage preparation and parenting programs
 - **Family Camp:** a learning space for family members of all ages
- **Selfhelp Community Development:**

piloting the holistic approach in strengthening social capital, promoting self-reliance and the well-being of families in Thailand, especially the families with vulnerable members



Thank You