

MINISTRY OF WOMEN, FAMILY AND COMMUNITY DEVELOPMENT MALAYSIA

### ASIAN FAMILY CONFERENCE 2024 (AFC 2024)

"Advancing Family Well-being: Malaysia's Initiatives in Developing Family Well-being Index and Strengthening Family Institution"

#### Plenary Session 4: Supporting and Strengthening Our Families

7 November 2024



### Megatrends and the Impacts to Malaysian Families



#### **Demographic Shifts**

Mitigation: Implement policies to promote care industry

**Urbanization** 

Increased risks of social isolation

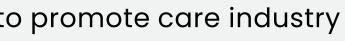
#### **Technological advancements**

Susceptible to risks like cyberbullying, addiction, and scams



Changing social norms and values

Balancing work and family life



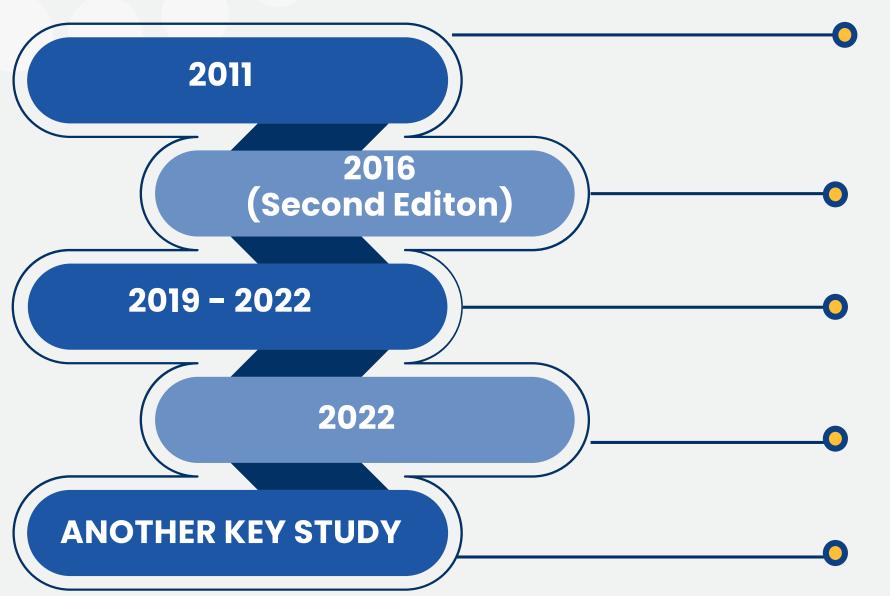






## **Malaysia Family Well-Being Index**

Initiated in 2011 by the National Population and Family Development Board (LPPKN) to assess the level of family well-being in the country and to suggest strategic initiatives for enhancing family interventions programs in Malaysia.



The 2011 Malaysia Family Well-being Index score recorded in this study is 7.55 out of a maximum score of 10.

Maintains the seven domains of Malaysia Family Wellbeing Index 2011 with the addition of one new domain which is Family and Communication Technology

Third and fourth series of Malaysia Family Wellbeing Index was held in 2019 and 2022 with the score of 7.72 and 7.93

Based on the latest 2022 Malaysia Family Well-being Index, there are five (5) domains that scored 8.0 and above

 Malaysian Population and Family Survey (MPFS) • Malaysian Population and Research Hub

### Strengthening the Well-being of Malaysian Families

Since the implementation of the Family Well-being Index, we have gained valuable insights into the current needs and demands of families in Malaysia. The findings obtained have been utilized to develop new programs and enhance existing parenting education program as well as our family support services to strengthen the well-being of Malaysian families through the following initiatives:



Enhancing parenting skills and family values



Strengthening counselling services and family support system



Raising awareness through advocacy campaigns, public awareness programs, and events





## **Moving Forward**

Continuous supporting initiatives to uphold, rebuild and strengthen the family institution.



Prioritize and nurture mental, emotional, and spiritual well-being to create a holistic support system.





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# THANK YOU

